



2010 Fact Sheet

- The Institute of Medicine and other key organizations have identified environment and policy changes as the most promising strategies for controlling obesity and improving diet and physical activity.
- There are now a variety of measures that can be used by researchers and practitioners to plan and evaluate changes to the built environment. The BEAT Institute is designed to train participants to use these measures.

- Goals:**
1. Prepare investigators and practitioners to use both observational and self-report measures of nutrition and activity environments and related behavioral assessments through lectures, fieldwork, hands-on skills, group work and individual consultation with BEAT faculty.
 2. Increase the number of professionals qualified to conduct built environment assessments for nutrition and physical activity.

When: June 13-18, 2010

Where: Philadelphia, Pennsylvania

Who Should Attend: Faculty, Post-Docs, PhD Candidates,
Government Employees and Practitioners

Planning Committee Members: Karen Glanz, PhD, MPH, Jim Sallis, PhD,
Brian Saelens, PhD, Guadalupe Ayala, PhD

- Criteria for Applicant Selection:**
1. Background and skills relevant to the Institute.
 2. Fit with career goals and activities.
 3. Opportunity to use training in future research or community action.
 4. Letters of recommendation.
 5. Diversity of entire pool of applicants – geographic, interest (nutrition v. physical activity), target population, racial/ethnic background, etc.

Tuition: \$400 (plus food, travel, and lodging); limited scholarships available

Application Deadline: January 20, 2010

Notification of Selection: Applicants will be notified by March 15, 2010

Acceptance of Invitation: Required within 2 weeks of notification

For More Information: www.med.upenn.edu/beat

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