

Reference List for NQLS 1st survey

A. Quality of Life

U.S. Dept. of Health and Human Services, National Center for Health Statistics. NATIONAL HEALTH INTERVIEW SURVEY, 1989 [Computer file]. Hyattsville, MD: National Center for Health Statistics [producer], 1989. Ann Arbor, MI: Inter-university Consortium for Political and Social Research [distributor], 1991.

B. Social Cohesion

Sampson RJ, Raudenbush SW, & Earls F (1997). Neighborhoods and violent crime: a multilevel study of collective efficacy. *Science*, 277, 918-924.

C. Perceptions of Life Quality

(Satisfaction with Life Scale)

Lucas, R.E., Diener, E., & Suh, E. (1996). Discriminant validity of well-being measures. *Journal of Personality and Social Psychology*, 71, 616-628.

Pavot, W. & Diener, E. (1993). Review of the Satisfaction with Life Scale. *Psychological Assessment*, 5, 164-172.

D. through J. Neighborhood Environment Walkability Scale (NEWS)

(Types of residences in your neighborhood – Neighborhood Safety)

Saelens, B.E., Sallis, J.F., Black, J.B., and Chen, D. (in press). Preliminary evaluation of the Neighborhood Environment Walkability Scale and neighborhood-based differences in physical activity. *American Journal of Public Health*.

K. and L. (Home Environment and Convenient Facilities)

Sallis, J.F., Johnson, M.F., Calfas, K.J., Caparosa, S., & Nichols, J.F. (1997). Assessing perceived physical environment variables that may influence physical activity. *Research Quarterly for Exercise and Sport*, 68, 345-351.

M. Reasons for moving here

Adapted from: Frank, Lawrence, Leerssen, Christopher, Chapman James, Contrino, Heather (2001). Strategies for Metropolitan Atlanta's Regional Transportation and Air Quality (SMARTRAQ). Georgia Institute of Technology.

N. through R.. International Physical Activity Questionnaire (IPAQ)
(Job-related Physical Activity – Time Spent Sitting)

Craig, C.L., Marshall, A.L., Sjostrom, M., Bauman, A.E., Booth, M.L., Ainsworth, B.E., Pratt, M., Ekelund, U., Yngve, A., Sallis, J.F., Oja, P., and the IPAQ Consensus Group and the IPAQ Reliability and Validity Study Group. (in press). International Physical Activity Questionnaire (IPAQ): 12-country reliability and validity. *Medicine and Science in Sports and Exercise*.

S. Activity Checklist # 1-7

Sallis, J.F., McKenzie, T.L., Elder, J.P., & Conway, T. (1999). Middle School Physical Activity and Nutrition (M-SPAN) Student Survey. Total MET hours per week all activities (exclude other activities) R=0.33 (100)

Marshall, S. J., Biddle, S., Sallis, J. F., McKenzie, T. L., & Conway, T. L. (2002). Clustering of sedentary behaviors and physical activity among youth: A cross-national study. *Pediatric Exercise Science, 14*(4), 401-417.

S. Activity Checklist # 8 & 9

Bauman A., Russell S.J., Furber S., Dobson A.J. (2001). The epidemiology of dog walking an unmet need for human and canine health. *Med J Aust, 175, 632-634*.

T. & V. Self-Efficacy

(Self Confidence for Physical Activity (modified to include vigorous and moderate))

Sallis, J.F., Pinski, R.B., Grossman, R.M., Patterson, T.L., & Nader, P.R.(1998). The development of self-efficacy scales for health-related diet and exercise behaviors. *Health Education Research, 3, 283-292*.

U & W Enjoyment of Physical Activity

NQLS group developed

X & Y Benefits of Exercise

Adapted from: Hovell, M.F., Sallis, J.F., Hofstetter, C.R., Spry, V.M., Faucher, P.F., & Caspersen, C.J. (1989). Identifying correlates of walking for exercise: an epidemiologic prerequisite for physical activity promotion. *Preventive Medicine, 18, 856-866*.

Calfas, K.J., Sallis, J.F., Lovato, C.Y., & Campbell, J. (1994). Physical activity and its determinants before and after college graduation. *Medicine, Exercise, Nutrition, and Health, 3, 323-334*.

Z. Social Support

Sallis, J.F., Grossman, R.M., Pinski, R.B., Patterson, T.L., & Nader, P.R.(1987). The development of scales to measure social support for diet and exercise behaviors. *Preventive Medicine, 16*, 825-836.